

# SESSION 1: CARING FOR CREATION

LET THERE BE...STUFF?  
A SPIRIT-FILLED RESPONSE TO A CONSUMER-CRAZED WORLD  
A Faith-Based Program for Christian Teens



created by

THE STORY OF  
**STUFF**  
PROJECT

  
**GreenFaith**<sup>SM</sup>  
Interfaith Partners in Action for the Earth

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# Session 1: Action Plan

## Create/Express

- Inspired Art - Spend the week with a camera, a sketchpad, or a notebook, taking photos, drawing pictures, or writing a poem every time you're inspired by something in nature. (2 pts)

## Communicate

- Stewardship Poster - Make and display a poster for your church, school, or home that reminds us of our call to be stewards of the earth. (3 pts)

## Worship

- Dear God - Write a letter to God expressing your gratitude, desire and commitment to care for creation (2 pts)
- Thank God - Create a ritual that helps you remember to appreciate and celebrate creation (i.e. Start and end each day looking out the window and thanking God for at least 5 things you feel grateful for about the natural world). (2 pts)

## Learn

- What's THAT? - Pick some aspect of nature that you want to learn more about and do some research about it. Write it up in one page. (2 pts)
- Adopt a \_\_\_\_\_ - Identify a place or a kind of plant or animal that you especially want to honor and find out what, if anything is threatening its survival. Then identify a group or organization that is helping it and spend an hour volunteering with the group. (3 pts.)

## Try Something New

- Garden Time - Spend time in a garden. Plant your own or volunteer in someone else's. Find out about any community garden in your area and go visit it. (3 pts)
- Three Gifts - Remember the picture you put on the mural. Think of three creative, unusual ways in which you can actively care for that part of Creation. For example, if you're inspired by sunrises you could ride a bike to school to cut down on smog, take a photograph of a sunrise, and write a worshipful poem about sunrises. (3 pts)

## Be a Leader

With peers

- Take a Hike - Skip the movies this weekend and coordinate a local hike with friends to get out into God's creation and really soak it in. Its free, its gorgeous and nothing inspires stewardship for the earth like a little time in nature. (3 pts)

At home

- Plant It - Talk to your parents about growing some herbs, veggies, or flowers at home and then (weather permitting) plant something! This can easily be done in a pot. Go to [www.icangarden.com](http://www.icangarden.com) (3 pts)

## Journal

- Question of the week: What about the Earth do you tend to take for granted? What can you do to remember to appreciate it? (2 pts)

Total # of Points \_\_\_\_\_